



# KIDS CLASSES

KRAV MAGA

BOXING

BRAZILIAN JIU JITSU

MUAY THAI

MON

TUE

WED

THU

FRI

SAT

SUN

16:30 - 17:15  
KRAV MAGA KIDS  
Sch Yrs 1-6

16:30 - 17:15  
KRAV MAGA KIDS  
Sch Yrs 1-6

16:30 - 17:15  
KRAV MAGA KIDS  
Sch Yrs 1-6

16:20 - 17:05  
KRAV MAGA KIDS  
Sch Yrs 1-6

17:30 - 18:15  
KRAV MAGA KIDS  
Sch Yrs 1-6

17:30 - 18:15  
KRAV MAGA KIDS  
Sch Yrs 1-6

17:30 - 18:15  
KRAV MAGA EARLY TEENS  
Sch Yrs 7-9

17:20 - 18:05  
KRAV MAGA KIDS  
Sch Yrs 1-6

18:30 - 19:15  
KRAV MAGA EARLY TEENS  
Sch Yrs 7-9

18:30 - 19:15  
KRAV MAGA EARLY TEENS  
Sch Yrs 7-9

18:15 - 19:15  
BRAZILIAN JIU JITSU  
KIDS / TEENS  
Sch Yrs 4-9

18:15 - 19:00  
KRAV MAGA  
EARLY TEENS BOYS  
Sch Yrs 6-9

18:00 - 19:00  
BRAZILIAN JIU JITSU  
KIDS / TEENS  
Sch Yrs 4-9

12:00 - 12:45  
MUAY THAI  
KIDS / TEENS  
Sch Yrs 5-9

09:00 - 09:45  
KRAV MAGA KIDS  
Sch Yrs 1-6

10:00 - 10:45  
KRAV MAGA KIDS  
Sch Yrs 1-6

12:15 - 13:00  
KRAV MAGA  
EARLY TEENS  
Sch Yrs 7-9

Timetable subject to change

Sch Yrs = School Years

## HENDON

DSD Academy, Alderton Crescent, NW4 3XU

17:30 - 18:15  
BOXING  
KIDS / TEENS  
Sch Yrs 4-9

## EDGWARE

DSD Edgware

One Stonegrove Community Centre,  
5 Hayling Way, HA8 8BN

17:00 - 17:45  
KRAV MAGA KIDS

18:00 - 18:45  
KRAV MAGA KIDS / TEENS

19:00 - 19:55  
KRAV MAGA  
EARLY TEENS  
Sch Yrs 7-10

## Dynamic Self Defence Academy

020 8203 0500

office@dynamicselfdefence.com  
dsdacademy.co.uk

### PRICING:

£5 Trial (per discipline)

£30 (one off) Starter Pack to join:  
(incl Tshirt, KM Band & Assessment Book)

£46/£70/£95 per month for  
(1/2/3 classes per week, card only)  
OR pay by term (13/class)

BOOK NOW  
Contact us

18:15 - 19:00  
KRAV MAGA  
KIDS  
Sch Yrs 1-6

19:00 - 19:55  
KRAV MAGA  
GIRLS/LADIES ONLY  
Sch Yrs 7+