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For the techniques where you learn to protect yourself against a weapon, never use a real weapon, but something similar in a soft material. DSDA disclaims any responsibility if the practitioner or the simulated attacker gets injured in any way whilst practicing DSDA techniques.

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- has no physical or medical limitations preventing him/her from participation
- agrees to abide by the rules and regulations of the DSDA and acknowledges that these rules and regulations may change from time to time
- will never use the skills that will be imparted to him/her for improper or illegal use
- understands that the DSDA self defence and martial art lessons are taught purely for defence/sport and are not to be used aggressively.
- agrees that neither the DSDA nor the Instructors or their representatives, members or associates can be held liable for any injury, howsoever caused and the practitioner releases and agrees to hold harmless DSDA, its owners, directors, managers and all employees of all liability regarding 1) any injury to self or child 2) any loss or damage to personal property, and confirms that no claim will be made in this respect. Nothing in this agreement shall have the effect of excluding or limiting any liability for death or personal injury caused by negligence. The practitioner takes full responsibility for the decision to participate / for my child to participate in this activity knowing all the risks.

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